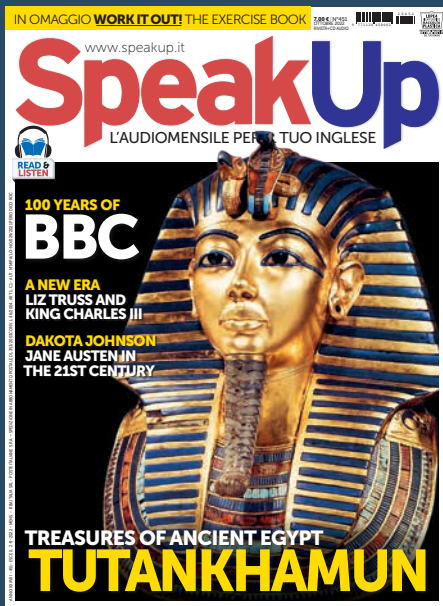
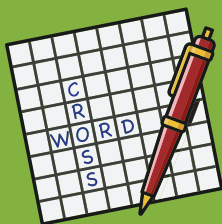




# THE EXERCISE BOOK



ALLEGATO AL NUMERO DI NOVEMBRE 2022 DI SPEAKUP, NON VENDIBILE SEPARATAMENTE

# Work It Out!

November 2022



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Gli esercizi sono basati sugli articoli del numero del mese e corrispondono al loro livello linguistico.

#### LIVELLI LINGUISTICI

<b>A1</b>	BEGINNER
<b>A2</b>	PRE-INTERMEDIATE
<b>B1</b>	LOWER INTERMEDIATE
<b>B2</b>	UPPER INTERMEDIATE
<b>C1</b>	ADVANCED
<b>C2</b>	PROFICIENCY

#### SIMBOLI FONETICI

i: bee	ɔ: ball	k car	ʒ leisure
ɪ it	ʊ book	j yes	tʃ chair
ɛ bed	u: blue	θ thank	dʒ jewel
æ and	ʌ cup	ð that	ŋ king
ɑ: car	ɜ: bird	z zero	
ɒ box	ə mother	ʃ ship	

Il livello linguistico degli esercizi è indicato secondo i criteri del Common European Framework of Reference for Languages.



## TRUE OR FALSE?

1.1

Read and decide whether the following statements are true (T) or false (F).

		T	F
1)	The internet was 25 years old in 2014.		
2)	From 2014 the UK school curriculum in state primary and secondary schools includes computer coding.		
3)	Amy Mathers learned how to code when she was a teenager.		
4)	Amy taught children how to code at lunchtime.		
5)	At fourteen she was named World Digital Girl of the Year.		
6)	The word "geek" describes someone who's an enthusiast.		
7)	Steven Flower organises coding lessons for families.		
8)	Steven's coding club is expensive.		
9)	He started with a group of just eight boys.		
10)	Steven teaches coding to children from age ten.		



## LISTENING COMPREHENSION

## 1.2

*Listen and write the words in the correct order to make sentences.*

1) 2014 / the / was / the / UK / Code / of / Year / in / .

.....

2) British / taught / is / to / being / Computer / coding / schoolchildren / .

.....

3) is / call / to / herself / geek / a / Mathers / happy / Amy / .

.....

4) when / 11 / Mathers / Amy / started / she / coding / was / .

.....

5) is / people / of popular / smartphones / coding / because / have / Amy / says / lots / .

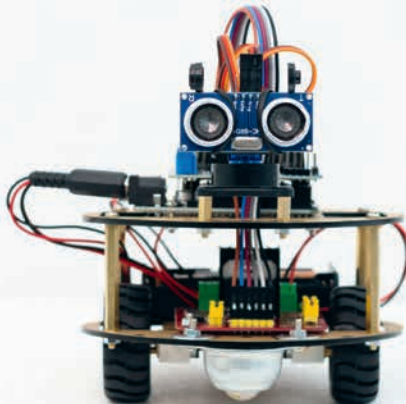
.....

6) if / laptop / a / take / you / have / You / go / to / coding / a / to / club / CoderDojo / .

.....

7) every / his / month / club / Steven / young / 150 / has / about / people / Flower / at / .

.....







## VOCABULARY

2.1

Find in the article the nouns that mean:

- 1) baffi
- 2) barba
- 3) pizzetto
- 4) slogan, motto
- 5) raccolta fondi
- 6) calcio
- 7) consapevolezza
- 8) salute
- 9) ritorno (sulla scena)
- 10) moda, trend
- 11) labbro superiore
- 12) faccia
- 13) regola
- 14) potere





## VOCABULARY

## 2.2

For each adjective (1-8) find two synonyms choosing from the options below.

- |                |       |       |
|----------------|-------|-------|
| 1) fashionable | ..... | ..... |
| 2) leading     | ..... | ..... |
| 3) brave       | ..... | ..... |
| 4) following   | ..... | ..... |
| 5) official    | ..... | ..... |
| 6) main        | ..... | ..... |
| 7) true        | ..... | ..... |
| 8) outrageous  | ..... | ..... |

fearless      chief      authorised      real  
 startling      preeminent      recognised  
 most influential      subsequent      principal  
 in vogue      proper      stylish      daring  
 next      extravagant

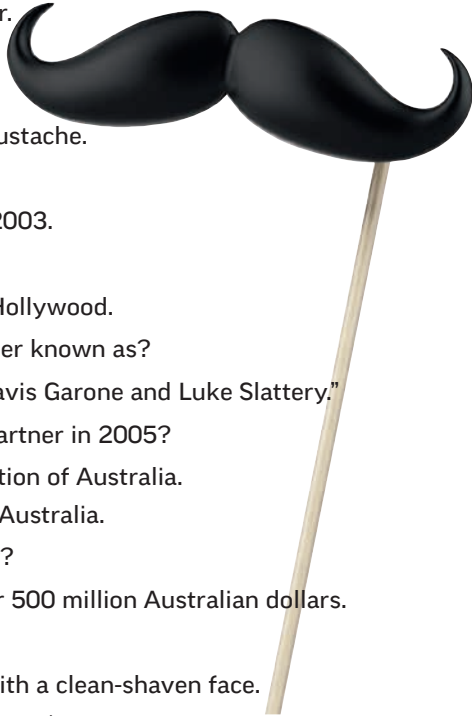


# READING COMPREHENSION

## 2.3

Read and find the correct answer to the following questions.

- 1) When does Movember take place?
  - a Throughout the month of November.
  - b Throughout the winter months.
- 2) What does the word “mo” stand for?
  - a Mother.
  - b Moustache.
- 3) When did Movember start?
  - a In the 1990s.
  - b In 2003.
- 4) Where did it start?
  - a In Australia.
  - b In Hollywood.
- 5) What are men who take part in Movember known as?
  - a “Mo Bros.”
  - b “Travis Garone and Luke Slattery.”
- 6) Who was the first official men’s health partner in 2005?
  - a The National Breast Cancer Foundation of Australia.
  - b The Prostate Cancer Foundation of Australia.
- 7) How much money has been raised so far?
  - a Over 500 million euros.
  - b Over 500 million Australian dollars.
- 8) What are the Movember rules?
  - a You have to start on 1 November with a clean-shaven face.
  - b You are allowed to keep beards and goatees.
- 9) How does Movember work?
  - a You have to grow a moustache for the entire month of November.
  - b You have to shave every day for the entire month of November.
- 10) What is the purpose of Movember?
  - a Learning how to grow and groom a moustache.
  - b Raising money for charity and encouraging discussions about men’s health.



# JOHN LENNON



## LISTENING COMPREHENSION

3.1

Listen to the article about John Lennon and complete the table.

BORN ON (DATE)	.....
FORMED HIS FIRST BAND (YEAR)	.....
BEATLEMANIA REACHED THE US (YEAR)	.....
BEATLES SPLIT UP (DATE)	.....
LENNON MARRIED YOKO ONO (YEAR)	.....
SEPARATED FROM YOKO ONO (YEAR)	.....
REUNITED WITH YOKO ONO (YEAR)	.....
KILLED IN NEW YORK (DATE)	.....
SINGLES SOLD BY THE BEATLES	.....
ALBUMS SOLD BY THE BEATLES	.....



### USEFUL EXPRESSIONS

**send shock waves**

(lett. generare onde d'urto)

scioccare, sconvolgere, avere ripercussioni



## WORDSEARCH

3.2

Locate the nouns hidden in the grid that mean the following. The words can be written in any direction.

- ❖ CHITARRISTA
- ❖ FONDATORE
- ❖ UMORISMO, SPIRITO
- ❖ INFANZIA
- ❖ INCIDENTE (STRADALE)
- ❖ VERITÀ
- ❖ INNO (IN GENERE PATRIOTTICO)

- ❖ INNO (IN GENERE RELIGIOSO)
- ❖ MOTIVO, MELODIA
- ❖ CARRIERA
- ❖ PACE
- ❖ COLONNA SONORA
- ❖ ALIENAZIONE
- ❖ ONDA

F	Q	E	S	U	L	W	E	M	P	N	P	O	H
J	W	N	G	S	L	R	X	R	M	L	I	T	G
A	D	C	I	R	Q	F	E	Y	D	K	S	K	L
O	L	H	H	J	P	E	H	G	V	I	N	K	L
A	U	I	L	I	R	Y	F	F	R	J	C	T	L
L	C	T	E	A	L	V	T	A	O	A	K	Z	D
L	Z	C	C	N	I	D	T	R	R	I	R	P	U
W	A	W	I	T	A	I	H	T	U	E	K	E	G
S	N	W	Y	D	U	T	D	O	D	T	H	A	W
M	T	A	K	G	E	N	I	N	O	E	H	C	Z
Z	H	L	E	O	U	N	U	O	Y	D	T	E	U
A	E	M	A	O	Y	O	T	G	N	Q	F	I	I
Z	M	K	S	H	F	L	V	T	U	N	E	M	S
U	V	G	N	W	A	V	E	W	Y	X	D	Q	W



## SONG

## 3.3

In 1967 a student sent John Lennon a letter telling him that his teacher was conducting a class analysing the Beatles' songs. Lennon was so amused he decided to write a song that was beyond analysis for the simple reason that he... didn't want it to make any sense at all. Look for it on YouTube and fill in the missing words.

## I AM THE WALRUS

I (1) ..... he as you are he as you are me  
 And we are (2) ..... together  
 See how they (3) ..... like pigs from a gun  
 See how they (4) .....  
 I'm (5) .....

Sitting (6) ..... a cornflake  
 Waiting for the van (7) ..... come  
 Corporation T-shirt, (8) ..... bloody Tuesday  
 Man you've been a naughty (9) .....  
 You let your (10) ..... grow long

I am the (11) ..... man  
 They are the egg (12) .....  
 I am (13) ..... walrus. Goo goo g'joob

Mister City policeman (14) .....  
 Pretty (15) ..... policemen in a row  
 See how they (16) ..... like Lucy in the sky, see how they run  
 (17) ..... crying, I'm crying, I'm crying, I'm crying

(18) ..... matter custard  
 Dripping (19) ..... a dead dog's eye  
 Crabalocker fishwife, (20) ..... priestess  
 Boy, you've been a naughty (21) ..... , you let your knickers down

I am the egg man...

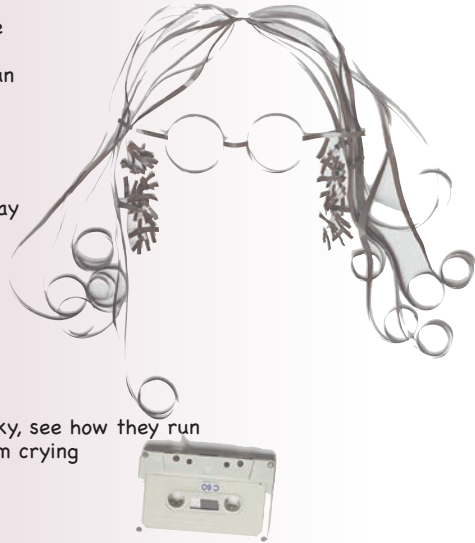
Sitting in an English (22) .....  
 (23) ..... for the sun  
 If the (24) ..... don't come you get a tan  
 From standing in the (25) ..... rain

I am the egg man...

(26) ..... , texpert choking smokers  
 Don't you (27) ..... the joker laughs at you  
 See how they (28) ..... like pigs in a sty, see how they snide  
 I'm crying

Semolina Pilchard climbing up the Eiffel (29) .....  
 Elementary penguin singing (30) ..... Krishna  
 Man, you should have seen them kicking Edgar (31) ..... Poe

I am the egg man...



# THE QWERTY KEYBOARD



## VOCABULARY

4.1

Unscramble the letters to obtain nouns used in the article. The first letter is given to help you.

- |                   |        |
|-------------------|--------|
| 1) RBOEADKY       | K..... |
| 2) ETPHALAB       | A..... |
| 3) TTEWRYPRI      | T..... |
| 4) EUMRAAT        | A..... |
| 5) YTSTPI         | T..... |
| 6) PRAHTEELG      | T..... |
| 7) IJNMGAM        | J..... |
| 8) RERUFMCANATU   | M..... |
| 9) UTYLAO         | L..... |
| 10) YTHORE        | T..... |
| 11) SEDPE         | S..... |
| 12) ERONAS        | R..... |
| 13) ITLAYPPOUR    | P..... |
| 14) MDEIMU        | M..... |
| 15) HERBPULIS     | P..... |
| 16) MUCCTIONOMNIA | C..... |



### USEFUL EXPRESSIONS

named after...  
che prende il nome da...



## READING COMPREHENSION

## 4.2

Read and match questions (1-9) and answers (a-i).

1)	When was the QWERTY keyboard invented?	a)	The tendency of the keys to jam.
2)	When did the first typewriters appear?	b)	From the first six keys on the top left letter row of the keyboard.
3)	How were the keys arranged in the first typewriters?	c)	In the early 19th century.
4)	What was the major problem with the first typewriters?	d)	In 1878.
5)	When was the QWERTY keyboard first patented?	e)	In the middle row of the keyboard.
6)	What is the main competitor to the QWERTY keyboard?	f)	The Dvorak Simplified Keyboard (DSK).
7)	When was the Dvorak Simplified Keyboard patented?	g)	In 1932.
8)	Where are the most common letters placed in the DSK?	h)	150 years ago.
9)	Where does the name of "QWERTY keyboard" come from?	i)	In alphabetical order.







## GRAMMAR

In the article we saw: *Every time that we **sit down** and in order to **slow the typists down**. **Sit down** and **slow down** are two examples of phrasal verbs, that is, idiomatic phrases consisting of a verb and a preposition (wake up), an adverb (break down), or both (look out for).*

Complete the sentences using one of the verbs in the box + **down, on, up, back, off**. Make all the necessary changes.

wash ♦ get ♦ give ♦ slow ♦ break ♦ hurry ♦  
speak ♦ take ♦ hold ♦ go ♦ lie ♦ come

+

down ♦ on ♦ up ♦  
back ♦ off

- 1) I'm going on holiday next month. I'm leaving on 10th and .....  
on 30th.
- 2) I'..... hope of ever finding a job.
- 3) Let's ..... . We haven't got much time!
- 4) She was very tired in the morning, so she ..... very late.
- 5) Oh no! My car ..... again!
- 6) The people in the back can't hear you. Can you ..... ,  
please?
- 7) He loves flying but he is always nervous when the plane ..... .
- 8) "It's quite late, we should go." "..... a minute. I'm not  
ready yet."
- 9) They helped him to ..... after lunch.
- 10) The train ..... and finally stopped.
- 11) I'm exhausted. I'm going to ..... on the sofa.
- 12) After dinner at the restaurant, he ..... to his hotel room.



## VOCABULARY

## 5.1

*Insert the vowels to complete the following nouns used in the article.*

- 1) klmtr
- 2) mprvmnt
- 3) grcltr
- 4) slndr
- 5) dsngtn
- 6) trsm
- 7) clmt
- 8) trnsprt
- 9) mvmnt
- 10) hrbr
- 11) hvn
- 12) dspt
- 13) knttng
- 14) td
- 15) gnsHP
- 16) jmpR
- 17) mmgrtn
- 18) fshrmn





## TRUE OR FALSE?

## 5.2

Read the article and decide whether the following statements are true (T), false (F) or not given (NG).

	T	F	NG
1) Jersey is one of the Channel Islands.			
2) It is closer to France than to England.			
3) The island of Jersey is part of the United Kingdom.			
4) The population of the island is about 35,000.			
5) English is the main language spoken in Jersey.			
6) Jersey is a self-governing Crown Dependency.			
7) Until the Battle of Hastings in 1066, the Channel Islands formed part of the Duchy of Normandy.			
8) The 19th century saw many important developments in Jersey's facilities and amenities.			
9) During the 19th century and the early 20th century the relevance of tourism and agriculture declined.			
10) In World War One, for almost five years, Jersey was occupied by German forces.			
11) The knitted fabric Jersey gained its name from the island.			
12) Jersey has one of the largest tidal ranges in the world.			
13) At low tide the island nearly doubles in size.			
14) Jersey became a surfing hotspot, hosting European surfing championships in the 1960s and 1970s.			
15) The personal tax rate for Jersey is 20% of net income after allowances.			



## READING COMPREHENSION

## 5.3

### SOMETHING MORE ABOUT THE JERSEY ROYALS

❖ It all started in the late 1800s when **a Jersey farmer** called Hugh de la Haye noticed that a potato he had bought had fifteen “eyes” (from which new plants sprout). He showed it to his friends, they cut it into pieces and planted them to see what happened. The following spring one of the resulting crops produced **tiny kidney shaped potatoes**. If they had eaten the entire crop, Jersey Royals wouldn't exist at all; instead they planted them again the next season and, as a result, the Jersey Royal is now the island's **most famous export** product.

❖ Jersey Royals account for more than half of Jersey's income from all agricultural products.

❖ The isle of Jersey measures just 120 square kilometres and Jersey Royal potato fields make up approximately **one third of the island** – more or less the equivalent of 5,500 football pitches.

❖ Jersey soil is light and well-drained, and many farmers still employ some of the most traditional methods of farming such as using seaweed harvesting from Jersey beaches as a **natural fertiliser** (which is known locally as “vraic”). The practice of using vraic on the land **dates back to the 12th century**. Jersey has some of the largest tidal ranges in the world, and the strong movement of the sea deposits large quantities of vraic on the shore.

❖ Most of the crop is planted by hand. In fact the fields on the slopes near the coast, known as “côtils”, are so steep that almost all **the work is done by hand**.

❖ During the height of the season **1,100 tonnes a day** of potatoes will be transported across the United Kingdom (99 per cent of production is exported to the UK).

❖ In May, at the peak of production, up to 1,500 tonnes are exported daily, with pickers working **twelve-hour shifts**. The potatoes are harvested between the months of April and June.

❖ One farm worker can lift enough potatoes in one day to feed **280 people**.





## RECIPE

Jersey Royal potatoes, with their distinctive nutty and earthy flavour, need very gentle cooking. The best way to serve them? The simplest way! And, if Jersey Royals aren't available, other types of new potatoes will work beautifully in this dish.

### Ingredients

- 700g Jersey Royal potatoes
- 3 small shallots
- 150g salted butter
- 2 tablespoons freshly chopped flatleaf parsley
- 2 tablespoons freshly chopped chives or mint
- pepper
- oil for frying

### Method

- ❖ Wash the potatoes in a sink of cold running water to remove the soil. Be very gentle because you want to try to keep the skin intact. Simply rub each potato with your fingers until the earth is removed.
- ❖ Fill a large saucepan with cold water, add the potatoes and a generous pinch of salt. Turn the heat on, bring to the boil then reduce the heat and let the potatoes simmer until they are tender, about 10-15 minutes, depending on the size.
- ❖ Meanwhile prepare the herb butter: put the butter (at room temperature) in a bowl, add the shallots finely chopped (you could use red onions but shallots are sweeter and milder). Add a mixture of parsley and chives (or mint if you prefer) finely chopped. Season with pepper (avoid adding salt if you're using salted butter). Mash together with a fork and put in the fridge while the potatoes finish cooking.
- ❖ Test the potatoes with the point of a knife. Drain well and allow to dry.
- ❖ Put some oil in a pan and put it on a stove. When the oil is hot, add the potatoes and fry until lightly crisp on the outside (just about a minute), stirring with a spoon. Add the herb butter and let it melt. Serve hot.

## Jersey Royals







# KING CHARLES



## CROSSWORD

6.1

Complete the crossword by filling in an adjective used in the article that means:

**ACROSS 3** ecocompatibile, sostenibile

**5** ovvio

**6** grave, serio

**9** laborioso, operoso

**11** severo, rigido

**13** imponente, enorme

**DOWN 1** zelante, scrupoloso

**2** schietto, franco, esplicito

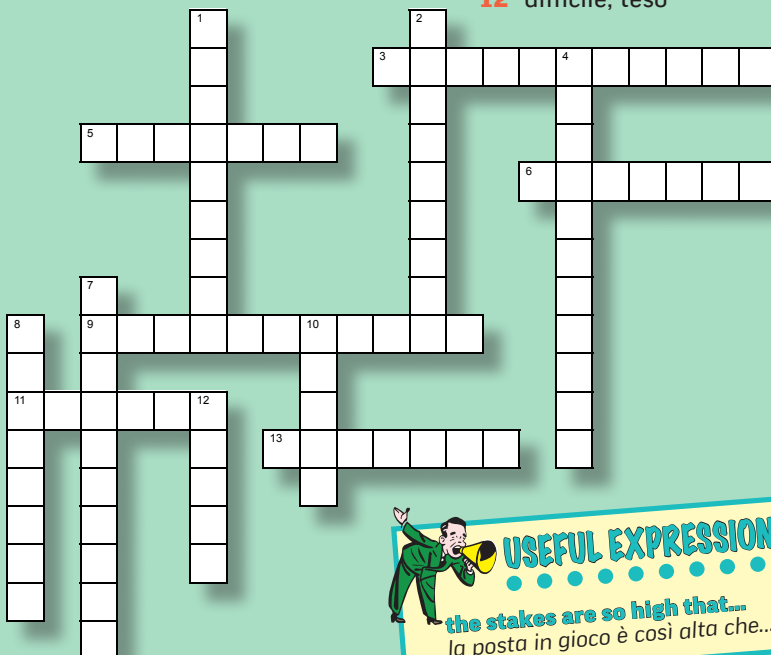
**4** indipendente

**7** filantropico, di beneficenza

**8** completo, totale, assoluto

**10** regale, reale

**12** difficile, teso



## USEFUL EXPRESSIONS

the stakes are so high that...  
la posta in gioco è così alta che...



## LISTENING COMPREHENSION

## 6.2

*Listen to the article and fill in the following sentences.*

- 1) The ..... is a post-colonial group of fifty-four independent countries with a combined population of 2.4 billion people.
- 2) Britain is a ..... monarchy and the monarch has no real political power.
- 3) Charles Philip Arthur George was born on 14 November ..... at Buckingham Palace.
- 4) King Charles III's ..... George VI died prematurely in 1952 and his mother became Queen Elizabeth II.
- 5) Charles referred to his time at Gordonstoun boarding school in Scotland as "a ..... sentence".
- 6) At Trinity College, Cambridge, he studied ..... , Anthropology and then History.
- 7) He was the ..... ever heir to the British crown to earn a degree.
- 8) After leaving university, Charles served in the Royal Air Force, and the Royal .....
- 9) In 1976 he founded the Prince's Trust, a ..... that offers skills training to vulnerable young people.
- 10) The so-called "black spider ....." are a series of private letters written by Prince Charles to UK ministers on key issues.
- 11) Prince's Foundation is under police investigation after allegations of offers of honours or British ..... in exchange for donations.
- 12) Buckingham Palace will likely be the new permanent residence of King Charles and Camilla, the Queen .....
- 13) There are plans to reduce the monarchy to a team of just ..... key members, all senior working royals.



## TRIVIA TIME!

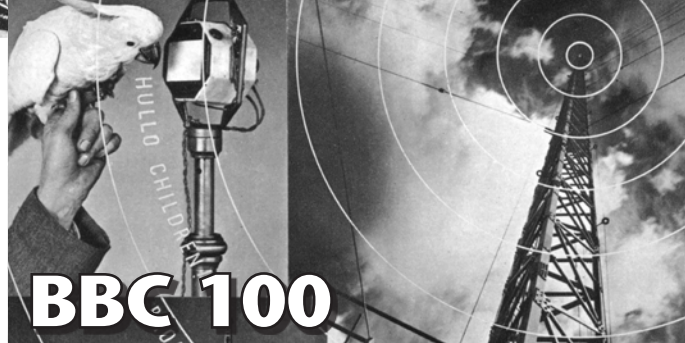
## 6.3

*Even though the British royals seem to get most of the attention, there are plenty of monarchies in the world. How much do you know about modern royalty?*

- 1) How many sovereign states in the world have a monarch as head of state?  
☐ 43                      ☐ 34                      ☐ 50
- 2) King Charles III is the monarch of how many Commonwealth realms, included the UK?  
☐ 14                      ☐ 21                      ☐ 15
- 3) Sheikh Tamim bin Hamad al Thani is the emir of which country?  
☐ Qatar                      ☐ Bahrain                      ☐ United Arab Emirates
- 4) Who are the king and the queen of Norway?  
☐ Gustaf and Silvia                      ☐ Harald and Sonja                      ☐ Sven and Hilde
- 5) The emperor of Japan sits of which throne?  
☐ The Violet Throne                      ☐ The Peach Throne                      ☐ The Chrysanthemum Throne
- 6) Who is the King of Morocco?  
☐ Hassan II                      ☐ Salman                      ☐ Mohammed VI
- 7) Which of the following is an absolute monarchy?  
☐ Liechtenstein                      ☐ Vatican City                      ☐ Spain
- 8) Which of the following African countries is not a monarchy?  
☐ Lesotho                      ☐ Burundi                      ☐ Eswatini (formerly Swaziland)
- 9) Who is the Emperor of Japan?  
☐ Akihito                      ☐ Shinzo Abe                      ☐ Naruhito
- 10) Who is the Queen of Denmark?  
☐ Margrethe II                      ☐ Tatjana                      ☐ Alexandra
- 11) Who is the Sovereign Prince of Monaco?  
☐ Rainier III                      ☐ Jacques                      ☐ Albert II
- 12) Who is Abdullah II?  
☐ King of Bhutan                      ☐ King of Jordan                      ☐ Emir of Kuwait







## SPOT THE MISTAKE

## 7.1

Some of the following words, all taken from the article, have a spelling mistake. Find it and rewrite the correct form.

- |                        |                        |
|------------------------|------------------------|
| 1) broadcaster.....    | 16) vague .....        |
| 2) accross .....       | 17) centennary.....    |
| 3) rigorously.....     | 18) existance .....    |
| 4) entertein .....     | 19) conprehensive..... |
| 5) throgh .....        | 20) resonate .....     |
| 6) unique .....        | 21) bluprint .....     |
| 7) audiense .....      | 22) catalist .....     |
| 8) impact .....        | 23) contemporary.....  |
| 9) exibition .....     | 24) appearence.....    |
| 10) object .....       | 25) microfone.....     |
| 11) prejudice .....    | 26) significanse.....  |
| 12) countributor ..... | 27) fotograph .....    |
| 13) fonding .....      | 28) voice .....        |
| 14) attachment.....    | 29) premise .....      |
| 15) viewer .....       | 30) hundread .....     |



# LISTENING COMPREHENSION

**C1****7.2**

*Listen to the interview and answer the questions choosing one of the options.*

- 1) According to James Stirling, what percentage of people uses BBC services every week?
  - a 75 per cent.
  - b 90 per cent.
  - c 60 per cent.
  
- 2) What is the estimated global BBC audience?
  - a Half a billion people.
  - b A billion people.
  - c A million people.
  
- 3) In the collection *100 Objects*, that celebrates a hundred years of the BBC, what can you find, among other things?
  - a The microphone used by David Attenborough.
  - b The classic BBC microphone.
  - c The first patented microphone.
  
- 4) How many images are held in the BBC photo library?
  - a 500,000.
  - b 50,000.
  - c 5 million.
  
- 5) Who was the BBC founder?
  - a David Attenborough.
  - b Lord Reith.
  - c James Stirling.





# JAMES ELLROY



## ODD ONE OUT

8.1

*Find the adjective that doesn't belong to the group.*

- 1) untenable ♦ unreserved ♦ unbearable ♦ intolerable
- 2) pragmatic ♦ practical ♦ dodgy ♦ matter-of-fact
- 3) troublesome ♦ problematic ♦ tough ♦ matt
- 4) dispassionate ♦ optimistic ♦ positive ♦ confident
- 5) international ♦ imported ♦ worldwide ♦ global
- 6) unscrupulous ♦ immoral ♦ suspicious ♦ unprincipled
- 7) disagreeable ♦ hard ♦ difficult ♦ challenging
- 8) former ♦ formal ♦ previous ♦ one-time
- 9) intense ♦ powerful ♦ vivid ♦ viscous





## READING COMPREHENSION

## 8.2

Read the article and answer the following questions.

- 1) What happened to James Ellroy when he was ten years old?  
.....
- 2) In which of his books did he investigate his mother's unsolved murder?  
.....
- 3) In what city did James Ellroy grow up?  
.....
- 4) When was *The L.A. Quartet* published?  
.....
- 5) Where are most of his novels set?  
.....
- 6) What novels were turned into successful movies?  
.....
- 7) What is the collective name given to *American Tabloid*, *The Cold Six Thousand* and *Blood's a Rover*?  
.....
- 8) What period does the *Underworld USA Trilogy* cover?  
.....
- 9) What's the title of James Ellroy's last novel?  
.....
- 10) In which of his books the protagonist is Freddy Otash?  
.....
- 11) How old is James Ellroy?  
.....





## VOCABULARY

## 8.3

The following words are all crime-related. Do you know their meaning?

- 1) The word **abduction** means:
  - ☐ attacking someone physically
  - ☐ taking someone away against their will by force or cunning
  - ☐ forcing someone to have sex
- 2) The word **blackmail** means:
  - ☐ spying to obtain political or military information
  - ☐ breaking into a house in order to steal something
  - ☐ threatening to reveal someone's secrets if a sum of money is not paid
- 3) The word **bribery** means:
  - ☐ giving money or something valuable to influence a person's behaviour
  - ☐ doing something illegal using a computer and a network
  - ☐ behaving violently or aggressively within the home
- 4) The word **forgery** means:
  - ☐ getting money from people by cheating them
  - ☐ taking things by force during a war, a riot etc.
  - ☐ imitating or altering documents, signatures etc. to deceive someone
- 5) The word **manslaughter** means:
  - ☐ killing someone on purpose
  - ☐ killing someone without the intention to kill
  - ☐ using someone else's personal information for one's own advantage
- 6) The word **smuggling** means:
  - ☐ not stopping to help someone involved in an accident caused by you
  - ☐ taking things or people secretly in or out of a place, a country etc.
  - ☐ spying in order to obtain military or political information
- 7) The word **pilfering** means:
  - ☐ damaging a person's reputation by writing lies about them
  - ☐ driving with an excess of alcohol in the blood
  - ☐ stealing small quantities of items (usually of small value)

# A SUSTAINABLE SOLUTION



## READING COMPREHENSION

9.1

### WHAT'S YOUR CARBON FOOTPRINT?

Our carbon footprint measures the total amount of GreenHouse Gases (GHGs) released into the atmosphere as a result of any activity, whether it's the making and supply of a product, or individual actions. **A person's carbon footprint depends on their lifestyle.** Usually people living in wealthier countries have lifestyles that contribute the most emissions: that's why they have the largest carbon footprints.

The average annual footprint for **a person living in the US** is eighteen tonnes GHGs. The highest emissions result from flying, road transport and from what people eat.

The average annual footprint for **a person living in India** is 1.7 tonnes GHGs. Even though India has a large population, the carbon footprint per person is rather small: that's because fewer people fly, less energy is used in homes and also because many individuals in India prefer vegetarian diets.

#### **FLYING** - 465 KG GHGs per 10-hour flight

Taking a plane is one of the largest emitting activities a person can undertake. A return flight from London to Johannesburg generates more carbon emissions than the average person in Ghana produces in a whole year.

#### **PHONES** - 3.4 KG GHGs per hour

This footprint includes emissions from phones' production and delivery. Besides, charging smartphones is associated with the use of electricity that could have been generated burning fossil fuels.

#### **MEAT SANDWICH** - 1.44 KG GHGs

The impact of a meat sandwich includes harvesting crops and rearing animals. In addition to packaging, transport and refrigeration.

#### **WATCHING TV** - 0.16 KG GHGs per 6.5 hours

Even though watching TV has a relatively modest carbon footprint, it still is an activity extremely popular and the use of streaming video is growing exponentially around the world.



## LISTENING COMPREHENSION

## 9.2

Listen and write the numbers (1-12) next to the sentences to provide the correct sequence of events.

- ☐ a) He introduces himself and starts to talk to Nathan.
- ☐ b) As a result he eventually fell ill and also lost his job.
- ☐ c) So Nathan goes home, rebuilds his life, gets back his job and focuses on genetically engineering a virus that will wipe out the human race and therefore... save the planet.
- ☐ d) So he had come to the conclusion that there is no way to live sustainably in a truly effective way.
- ☐ e) Nathan tells him that he's desperate because he thinks that mankind is destroying the planet.
- ☐ f) He explains that once his body will be retrieved, both the burial and the cremation will produce high levels of CO<sub>2</sub>.
- ☐ g) A police officer approaches him and disperses the crowd gathered around them.
- ☐ h) The police officer suggests that instead of ending his life he could try to help, for example living in a sustainable way.
- ☒ 1 i) Nathan is determined to commit suicide by jumping off the Seven Mile Bridge.
- ☐ j) Nathan replies that he has already tried: he went on a strict vegan diet, limited water and electricity consumption, cycled twenty miles every day to get to the place where he worked as a genetic engineer.
- ☐ k) The police officer points out that even committing suicide he'll damage the environment.
- ☐ l) He therefore suggests that, being a genetic engineer and also environmentally conscious, he could perhaps commit himself to finding a sustainable solution to climate change.

I WOULD CALL MY  
FASHION STYLE "CLOTHES  
THAT STILL FIT".



PARALLEL LINES HAVE GOT  
SO MUCH IN COMMON...  
IT'S A SHAME THEY'LL  
NEVER MEET!



WHAT'S RED AND  
BAD FOR YOUR  
TEETH?

A BRICK.





## CODING

### Page 3

#### 1.1 TRUE OR FALSE?

- 1) T, 2) T, 3) F, 4) T, 5) F, 6) T, 7) F, 8) F, 9) T, 10) F

#### 1.2 LISTENING COMPREHENSION

- 2014 was the Year of Code in the UK.
- Computer coding is being taught to British schoolchildren.
- Amy Mathers is happy to call herself a geek.
- Amy Mathers started coding when she was 11.
- Amy says coding is popular because lots of people have smartphones.
- You have to take a laptop if you go to a CoderDojo coding club.
- Steven Flower has about 150 young people at his club every month.

## MOVEMBER

### Page 5

#### 2.1 VOCABULARY

- 1) moustache, 2) beard, 3) goatee, 4) tagline, 5) fundraising, 6) kick, 7) awareness, 8) health, 9) comeback, 10) fashion, 11) upper lip, 12) face, 13) rule, 14) power

#### 2.2 VOCABULARY

- in vogue, stylish
- most influential, preeminent
- fearless, daring
- next, subsequent
- recognised, authorised
- principal, chief
- proper, real
- extravagant, startling

#### 2.3 READING COMPREHENSION

- Throughout the month of November, 2) Moustache,
- In 2003, 4) In Australia, 5) "Mo Bros", 6) The Prostate Cancer Foundation of Australia, 7) Over 500 million euros, 8) You have to start on 1 November with a clean-shaven face, 9) You have to grow a moustache for the entire month of November, 10) Raising money for charity and encouraging discussions about men's health

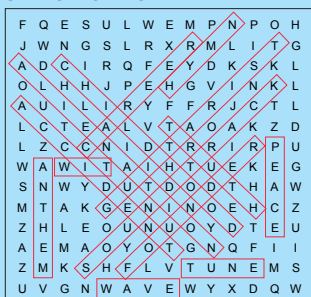
## JOHN LENNON

### Page 8

#### 3.1 LISTENING COMPREHENSION

BORN ON (DATE)	9 OCTOBER 1940
FORMED HIS FIRST BAND (YEAR)	1956
BEATLEMANIA REACHED THE US (YEAR)	1964
BEATLES SPLIT UP (DATE)	31 DECEMBER 1970
LENNON MARRIED YOKO ONO (YEAR)	1969
SEPARATED FROM YOKO ONO (YEAR)	1973W
REUNITED WITH YOKO ONO (YEAR)	1975
KILLED IN NEW YORK (DATE)	8 DECEMBER 1980
SINGLES SOLD BY THE BEATLES	OVER 2 BILLION
ALBUMS SOLD BY THE BEATLES	ABOUT 800 MILLION

## 3.2 WORDSEARCH



## 3.3 SONG

- |            |                   |              |
|------------|-------------------|--------------|
| (1) am     | (12) men          | (23) Waiting |
| (2) all    | (13) the          | (24) sun     |
| (3) run    | (14) sitting      | (25) English |
| (4) fly    | (15) little       | (26) Expert  |
| (5) crying | (16) fly          | (27) think   |
| (6) on     | (17) I'm          | (28) smile   |
| (7) to     | (18) Yellow       | (29) tower   |
| (8) stupid | (19) from         | (30) Hare    |
| (9) boy    | (20) pornographic | (31) Allan   |
| (10) face  | (21) girl         |              |
| (11) egg   | (22) garden       |              |

## THE QWERTY KEYBOARD

### Page 11

#### 4.1 VOCABULARY

- |                 |                   |
|-----------------|-------------------|
| 1) KEYBOARD     | 9) LAYOUT         |
| 2) ALPHABET     | 10) THEORY        |
| 3) TYPEWRITER   | 11) SPEED         |
| 4) AMATEUR      | 12) REASON        |
| 5) TYPIST       | 13) POPULARITY    |
| 6) TELEGRAPH    | 14) MEDIUM        |
| 7) JAMMING      | 15) PUBLISHER     |
| 8) MANUFACTURER | 16) COMMUNICATION |

#### 4.2 READING COMPREHENSION

- 1) h, 2) c, 3) i, 4) a, 5) d, 6) f, 7) g, 8) e, 9) b

#### 4.3 GRAMMAR

- I'm going on holiday next month. I'm leaving on 10th and **coming back** on 30th.
- I've **given up** hope of ever finding a job.
- Let's **hurry up** we haven't got much time!
- She was very tired in the morning, so she **got up** very late.
- Oh no! My car **has broken down** again!
- The people in the back can't hear you. Can you **speak up**, please?
- He loves flying but he is always nervous when the plane **takes off**.
- "It's quite late, we should go to go." "**Hold on** a minute. I'm not ready yet."
- They helped him to **wash up** after lunch.
- The train **slowed down** and finally stopped.
- I'm exhausted. I'm going to **lie down** on the sofa.
- After dinner at the restaurant, he **went back** to his hotel room.

## JERSEY ISLAND

Page 14

### 5.1 VOCABULARY

1) kilometre, 2) improvement, 3) agriculture, 4) islander, 5) designation, 6) tourism, 7) climate, 8) transport, 9) movement, 10) harbour, 11) haven, 12) dispute, 13) knitting, 14) tide, 15) gunship, 16) jumper, 17) immigration, 18) fisherman

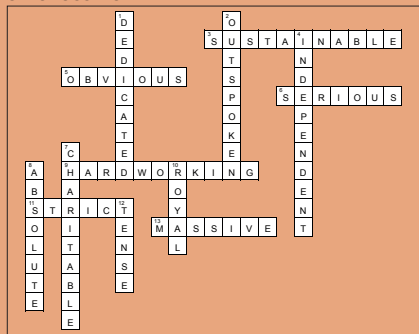
### 5.2 TRUE OR FALSE?

1) T, 2) T, 3) F, 4) F, 5) T, 6) NG, 7) NG, 8) T, 9) F, 10) F, 11) T, 12) T, 13) T, 14) NG, 15) NG

## KING CHARLES

Page 18

### 6.1 CROSSWORD



### 6.2 LISTENING COMPREHENSION

1) Commonwealth, 2) constitutional, 3) 1948, 4) grandfather, 5) prison, 6) Archaeology, 7) first, 8) Navy, 9) charity, 10) memos, 11) citizenship, 12) Consort, 13) seven

### 6.3 TRIVIA TIME!

1) 43  
2) 15  
3) Qatar  
4) Harald and Sonja  
5) The Chrysanthemum Throne  
6) Mohammed VI  
7) Liechtenstein  
8) Burundi  
9) Naruhito  
10) Margrethe II  
11) Albert II  
12) King of Jordan

## BBC 100

Page 21

### 7.1 SPOT THE MISTAKE

1) broadcaster, 2) across, 4) entertain, 5) through, 7) audience, 9) exhibition, 10) object, 12) contributor,

13) founding, 17) centenary, 18) existence, 19) comprehensive, 21) blueprint, 22) catalyst, 23) contemporary, 24) appearance, 25) microphone, 26) significance, 27) photograph, 28) voice, 30) hundred

### 7.2 LISTENING COMPREHENSION

1) b, 2) a, 3) b, 4) c, 5) b

## JAMES ELLROY

Page 23

### 8.1 ODD ONE OUT

1) unreserved, 2) dodgy, 3) matt, 4) dispassionate, 5) imported, 6) suspicious, 7) disagreeable, 8) formal, 9) viscous

### 8.2 READING COMPREHENSION

1) His mother was murdered.  
2) In *My Dark Places*.  
3) In Los Angeles.  
4) Between 1987 and 1992.  
5) In Los Angeles.  
6) *L.A. Confidential* and *The Black Dahlia*.  
7) *Underworld USA* Trilogy.  
8) From 1958 to 1973.  
9) *Widespread Panic*.  
10) In *Widespread Panic*.  
11) Seventy-four.

### 8.3 VOCABULARY

1) taking someone away against their will by force or cunning  
2) threatening to reveal someone's secrets if a sum of money is not paid  
3) giving money or something valuable to influence a person's behavior  
4) imitating or altering documents, signatures etc. to deceive someone  
5) killing someone without the intention to kill  
6) taking things or people secretly in or out of a place, a country etc.  
7) stealing small quantities of items (usually of small value)

## A SUSTAINABLE SOLUTION

Page 26

### 9.2 LISTENING COMPREHENSION

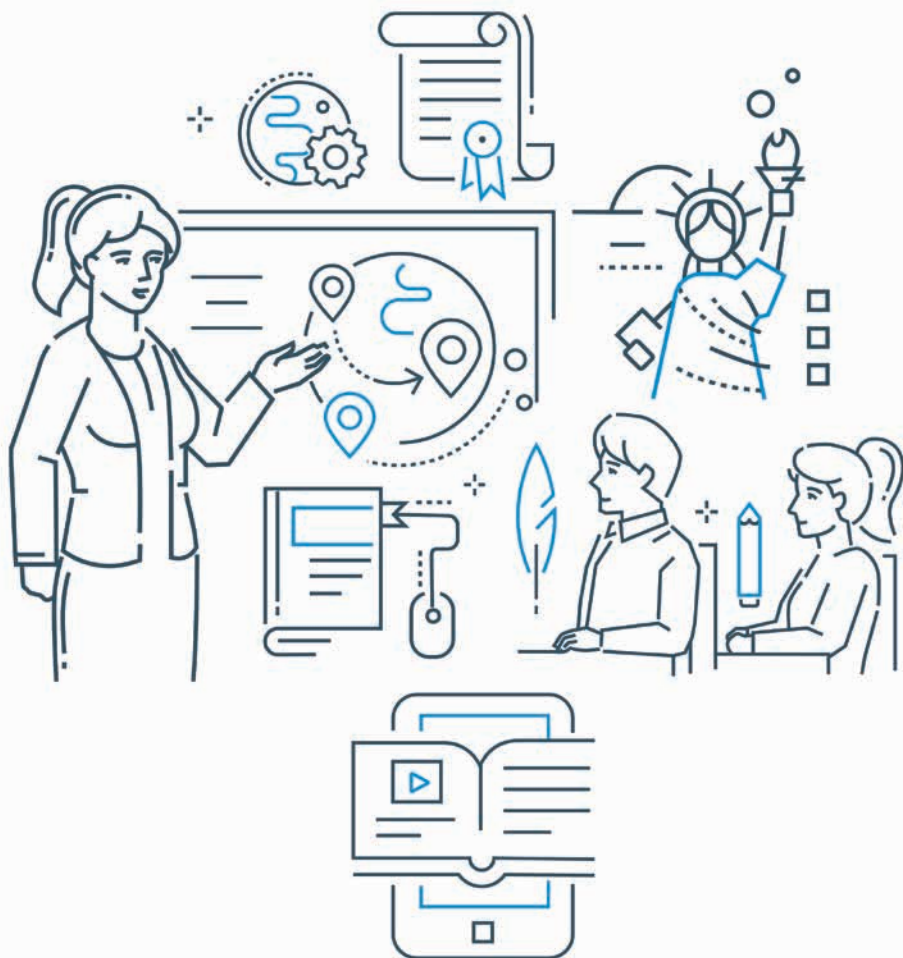
1) i, 2) g, 3) a, 4) e, 5) h, 6) j, 7) b, 8) d, 9) k, 10) f, 11) l, 12) c

# TEACHER!



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