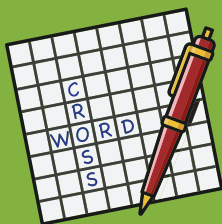




# THE EXERCISE BOOK



ALLEGATO AL NUMERO DI GENNAIO 2024 DI SPEAKUP, NON VENDIBILE SEPARATEMENTE

# Work It Out!

January 2024

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Graziella Del Ciuco

**Stampa:**

ROTIMPRES

Girona, Spagna

**SPEAK UP** anno XL n. 466

Mensile culturale

Registrazione presso il tribunale

di Milano n. 254 del 7/4/1990

Direttore responsabile: Simone Bedetti

**Editore** RBA ITALIA srl**Direzione e redazione, sede legale e operativa:**

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Gli esercizi sono basati sugli articoli del numero del mese e corrispondono al loro livello linguistico.

**LIVELLI LINGUISTICI**

**A1** BEGINNER

**A2** PRE-INTERMEDIATE

**B1** LOWER INTERMEDIATE

**B2** UPPER INTERMEDIATE

**C1** ADVANCED

**C2** PROFICIENCY

**SIMBOLI FONETICI**

i: bee

ɪ it

ɛ bed

æ and

ɑ: car

ɒ box

ɔ: ball

ʊ book

u: blue

ʌ cup

ɜ: bird

ə mother

k car

j yes

θ thank

ð that

z zero

ʃ ship

ʒ leisure

tʃ chair

dʒ jewel

ŋ king

Il livello linguistico degli esercizi è indicato secondo i criteri del Common European Framework of Reference for Languages.

**TEACHER!**

Scarica gli esercizi **Speak Up in Class** da usare in classe con i tuoi studenti, sia in modo individuale sia in gruppo. Li trovi a questo link:

[www.speakuponline.it/speakup-in-class](http://www.speakuponline.it/speakup-in-class)



THE  
BIGFOOT

► Read the article and answer the questions choosing one of the options.

- 1) Where was the nickname "Bigfoot" first used?  
☐ a In Asia. ☐ b In Canada. ☐ c In California.
- 2) What is another name for Bigfoot in Northamerica?  
☐ a Sasquatch. ☐ b Yeti. ☐ c Abominable Snowman.
- 3) How tall is the Bigfoot?  
☐ a 60 centimetres. ☐ b About 5 metres. ☐ c 2 to 4.5 metres.
- 4) When was Bigfoot first spotted?  
☐ a In 1811. ☐ b In 1967. ☐ c In the 1950s.
- 5) Where was the Patterson-Gimlin film shot?  
☐ a In Himalaya. ☐ b In California. ☐ c In Colorado.
- 6) Who recently filmed an animal resembling Bigfoot?  
☐ a An Asian scientist. ☐ b A Californian man. ☐ c A Colorado couple.
- 7) What percentage of adult Americans believe in the existence of Bigfoot?  
☐ a 2%. ☐ b 40%. ☐ c 11%.
- 8) When was a genetic analysis of hair samples carried out?  
☐ a In 2014. ☐ b In 2020. ☐ c In 1967.
- 9) The hair samples examined were found to belong to  
☐ a Bigfoot. ☐ b known mammals. ☐ c un unknown species.

## ELIZABETH I

SOLUTIONS PAGE 29

## VOCABULARY

2.1

► Find the adjective with a similar meaning. Be careful: there is an extra adjective.



1) .....

7) .....

2) .....

8) .....

3) .....

9) .....

4) .....

10) .....

5) .....

11) .....

6) .....

12) .....

Extra adjective: .....



## LISTENING COMPREHENSION

2.2

► Listen to the article and complete the table.

ELIZABETH I	
YEARS OF REIGN	.....
REIGN KNOWN AS	.....
FATHER	.....
MOTHER	.....
AGE WHEN HER MOTHER WAS EXECUTED	.....
AGE AT CORONATION	.....
CORONATION DATE	.....
OFFICIAL RELIGION IN ENGLAND UNDER HER REIGN	.....
NAME OF QUEEN OF SCOTS	.....
RELIGION OF QUEEN OF SCOTS	.....
EXECUTION OF QUEEN OF SCOTS (YEAR)	.....
DEFEAT OF SPANISH ARMADA (YEAR)	.....

► These expressions are in the article. Match the verbs (1-12) and words / phrases (a-l).

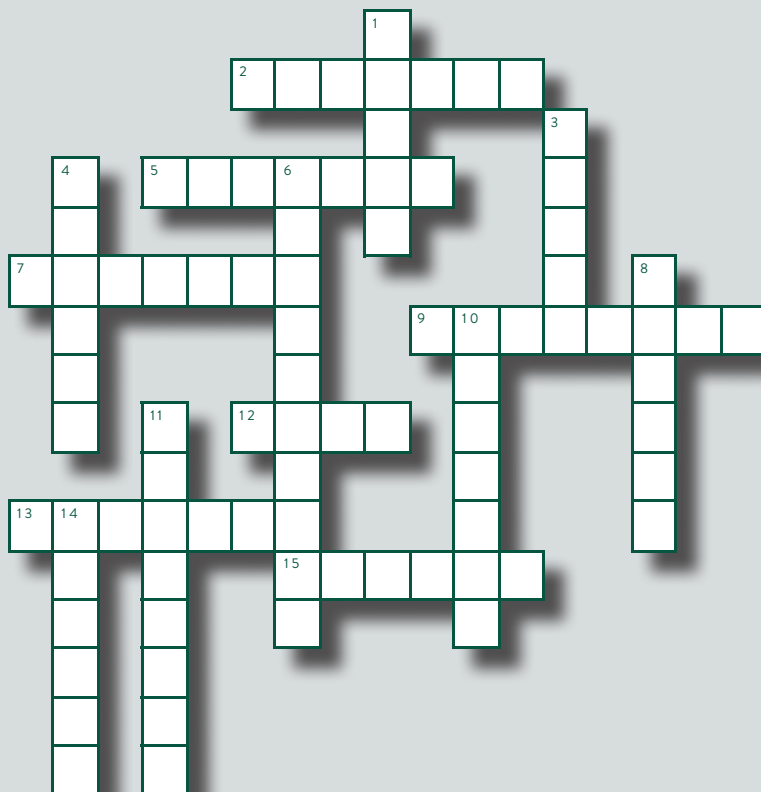
1)	to come	a)	the power
2)	to combine	b)	an heir
3)	to be faced	c)	command with cult of love
4)	to share	d)	a speech
5)	to be regarded	e)	neutral
6)	to remain	f)	as the Queen of England
7)	to attempt	g)	a place in history
8)	to emerge	h)	an invasion
9)	to attend	i)	to the throne
10)	to provide	j)	with a question
11)	to earn	k)	as a world power
12)	to make	l)	a performance



► Complete the crossword by filling in a noun used in the article that means:

**ACROSS** 2 lealtà  
 5 dinastia  
 7 suddito  
 9 matrimonio  
 12 erede  
 13 coraggio  
 15 pretendente, spasimante

**DOWN** 1 fede  
 3 potere  
 4 Chiesa  
 6 astuzia  
 8 pericolo  
 10 consigliere  
 11 lotta, battaglia  
 14 tenuta, abbigliamento



## ALCATRAZ

► Find in the article the nouns that mean:

- |                          |  |
|--------------------------|--|
| 1) ufficiale di marina   | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |
| 2) uccello marino        | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>  |
| 3) sula (uccello marino) | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>   |
| 4) baia                  | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>  |
| 5) marea                 | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>   |
| 6) disertore             | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>  |
| 7) tentativo             | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>  |
| 8) manutenzione          | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |
| 9) fuga, evasione        | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>  |
| 10) assassino            | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>  |
| 11) detenuto             | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>  |
| 12) prigioniero          | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>  |
| 13) simpatizzante        | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |
| 14) rapinatore di banca  | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>                      |
| 15) costa                | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>  |
| 16) fabbrica             | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>  |
| 17) nebbia               | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>  |







## LISTENING COMPREHENSION

3.2

► Listen and match numbers (1-12) and letters (a-l).

1)	Alcatraz Island is in	a)	in the 1860s, during the American Civil War.
2)	The island is	b)	"La Isla de los Alcatraces" means the Isle of the Gannets.
3)	Alcatraz Island occupies	c)	broke out of the prison through a window.
4)	Its Spanish name	d)	as a prison in 1963.
5)	It got its name	e)	after the many seabirds that lived there in large numbers.
6)	The island was a military port	f)	San Francisco Bay, California.
7)	It was a federal penitentiary	g)	of 14 separate escape attempts.
8)	Alcatraz was the destination for some	h)	escaped after digging holes in their cell.
9)	There was a total	i)	located two kilometres away from the coast.
10)	In 1937 two convicted bank robbers	j)	an area of 22 acres.
11)	In 1962 three inmates	k)	from 1934 and 1963.
12)	Alcatraz was closed	l)	of the most dangerous criminals.

► *Unscramble the letters to obtain nouns used in the article. The first letter is given to help you.*

- |                |         |
|----------------|---------|
| 1) OYCSITURI   | C ..... |
| 2) INEODIT     | E ..... |
| 3) WREERYB     | B ..... |
| 4) MPYEEELO    | E ..... |
| 5) ATANECDID   | C ..... |
| 6) PEPWSERNA   | N ..... |
| 7) LIOURSTJNA  | J ..... |
| 8) ITTHYAOUR   | A ..... |
| 9) MECHIENTAVE | A ..... |
| 10) MORATPLF   | P ..... |
| 11) IMEPATS    | P ..... |
| 12) INGGUGLJ   | J ..... |
| 13) NDICEAUE   | A ..... |
| 14) NASUTATRO  | A ..... |
| 15) TETEAHL    | A ..... |
| 16) OLAUNDPYGR | P ..... |
| 17) SSCPAUITE  | S ..... |



## TRUE OR FALSE?

4.2

► Read the first part of the article and decide whether the following statements are true (**T**), false (**F**) or not given (**NG**).

		T	F	NG
1)	The book of Guinness World Records was first published in 1955.			
2)	The first edition was released during the Christmas period.			
3)	Two years after its first publication it had become Britain's number one bestseller.			
4)	Chris Chataway was the managing director of Guinness Brewery in Ireland.			
5)	He also represented Great Britain in the Olympic Games in 1952 and 1956.			
6)	Twin brothers Norris and Ross McWhirter were commissioned to compile what would become the Guinness Book of Records.			
7)	Twin brothers McWhirter were both sports journalists.			
8)	The book of Guinness World Records is now published annually in over 100 countries			
9)	It has been translated into more than 100 languages.			
10)	The book of Guinness World Records sells more than 3 million copies each year.			
11)	Since its first publication, it has sold more than 143 million copies worldwide.			

► Listen to the Top 5 Guinness World Records 2024 and answer the questions.

- 1) How tall is Tommy the ox?  
.....
- 2) How old was he when he was rescued by his now owner?  
.....
- 3) How old is Simeon Graham?  
.....
- 4) How old was he when he started juggling?  
.....
- 5) Where is he now teaching juggling?  
.....
- 6) How many people dressed as astronauts gathered in Abu Dhabi?  
.....
- 7) When did the gathering take place?  
.....
- 8) How old is Lenore MacColl?  
.....
- 9) How long has she been a ninja athlete?  
.....
- 10) What type of diet is she on?  
.....
- 11) How long is Sidakdeep Singh Chahal's hair?  
.....
- 12) How often does he wash it?  
.....
- 13) What is his religion?  
.....

► What does it mean?

1) steer away

- a stirare
- b stare alla larga
- c mandare all'aria

2) feat

- a fitta
- b festa
- c impresa

3) chickenpox

- a allevamento di polli
- b varicella
- c brodo di carne

4) dairy

- a diario
- b margherita
- c latticini

5) figure out

- a capire
- b sfoggiare
- c snobbare

6) mockery

- a bisticcio
- b caffettiera
- c derisione

7) bond

- a riunione
- b legame
- c agente segreto

8) rescue

- a salvare
- b raschiare
- c mettere a rischio

9) renowned

- a rinnovato
- b rinnegato
- c rinomato

10) work out

- a emigrare
- b allenarsi
- c affaticarsi



# BOROUGH MARKET

SOLUTIONS PAGE 29

**RECIPE**

**5.1**

*This speedy fruit crumble is a stunning dessert and classic comfort food at its best, especially when outside it's cold and the kitchen oven fills the house with an irresistible smell.*

## Ingredients

- 500 g fruit (you can use any fruit or combination of fruit according to the season)
- 75 g sugar
- 50 g cold butter, chopped
- 100 g flour
- 50 g raw sugar

## Fruit crumble



## Method

- ⊕ Preheat the oven to 180 °C.
- ⊕ Slice the fruit directly into the pie dish. Mix together the fruit and the sugar.
- ⊕ In a bowl, using your fingertips, rub the butter into the flour until the mixture has a breadcrumb-like texture. Do not overwork it: the result should be a bit lumpy
- ⊕ Add in the raw sugar and sprinkle the crumb mixture over the fruit until completely covered.
- ⊕ Bake for 35-45 minutes or until golden brown, and the fruit is tender. Leave to cool for 5 minutes.
- ⊕ You can serve the crumble topped with ice cream or whipped cream.
- ⊕ Tip: To add an extra element of flavour and texture, oats, almonds, nuts or cinnamon can be added to the crumble mix.



**USEFUL EXPRESSIONS**

**be likely to...**  
essere probabile che...



## READING COMPREHENSION

5.2

► Read "The Top 5 Food Stalls in Borough Market" and decide to which stall the following descriptions refer to.

- **Richard Haward Oysters = RHO**
- **The Ginger Pig = TGP**
- **Horn OK Please = HOP**
- **Furness Food Hut = FFH**
- **Humble Crumble = HC**

- 1) They are specialised in sausage making. ....
- 2) They have a permanent stall on Stoney Street. ....
- 3) They sell Indian food. ....
- 4) You can buy their goods and bake them at home. ....
- 5) They showcase delicious vegetarian food. ....
- 6) Their owners are based in Cumbria. ....
- 7) They cultivate high-quality bivalve molluscs in the River Blackwater. ....
- 8) They operate in the meat-processing sector. ....
- 9) They are managed by a couple: Gaurav and Sandhya. ....
- 10) They sell one of the best bomba paellas. ....
- 11) They offer a great array of pork products, primarily sausage rolls. ....
- 12) They sell homemade fruit cakes. ....
- 13) Their name refers to a phrase painted on some vehicles in India. ....



# THE "KATE EFFECT"

► For each of the following adjectives (1-11) find a **synonym** (similar meaning) and an **antonym** (opposite meaning) choosing from the adjectives in the circle.

### SIMILAR MEANING

### OPPOSITE MEANING

- |                 |       |       |
|-----------------|-------|-------|
| 1) chilly       | ..... | ..... |
| 2) late         | ..... | ..... |
| 3) capable      | ..... | ..... |
| 4) coincidental | ..... | ..... |
| 5) luxurious    | ..... | ..... |
| 6) hard         | ..... | ..... |
| 7) authentic    | ..... | ..... |
| 8) popular      | ..... | ..... |
| 9) bland        | ..... | ..... |
| 10) nervous     | ..... | ..... |
| 11) practical   | ..... | ..... |

genuine alive casual cold simple  
intentional opulent unexciting  
agitated fake deceased inept  
despised well-liked relaxed theoretical  
skilled difficult frugal hands-on  
interesting warm





## WORDSEARCH

6.2

► Read the article and locate the words related to royalties that are hidden in the grid and mean the following. The words can be written in any direction.

- ❖ PRINCIPE
- ❖ PRINCIPESSA
- ❖ DUCA
- ❖ DUCHESSA
- ❖ MARCHESE

- ❖ MARCHESA
- ❖ CONTE
- ❖ CONTESSA
- ❖ BARONE
- ❖ BARONESSA

- ❖ MONARCHIA
- ❖ TRONO
- ❖ REALI, FAMIGLIA REALE
- ❖ ANOTHER WORD FOR "COUNT"

E E  
 J K B D  
 Y U O S M H  
 T D N O D O P Q  
 L D Y J H U N R D B  
 A N R F R C C A Q T S A  
 Y Q S J Q V S H R O K T F R  
 O P E T H R O N E C C S F J I O  
 R I Q F P U P N C S H O Z L U I H N  
 C O U N T P G M D M S Y U A P U P B C X  
 T Q V Z L U W Y B A R O N E S S U H S Q  
 I A M A R Q U I S E H T X B X U S W  
 L S C C C J S D U Z E X B T E I  
 M A R C H I O N E S S D C M  
 B Y L O T G P W S K N Y  
 X T X W O R Q B I G  
 E A R L I N R M  
 F B P N P Q  
 L H C L  
 I E

► Listen and answer the questions choosing from the options.

- 1) Who once defined Kate Middleton "a jointed doll on which certain rugs are hung"?
  - ☐ a Magazine editor Victoria Murphy.
  - ☐ b Her sister-in-law Meghan.
  - ☐ c Novelist Hilary Mantel.
- 2) How old was Kate Middleton when she married her prince?
  - ☐ a 25.
  - ☐ b 29.
  - ☐ c 23.
- 3) How did Kate Middleton's uncle once describe her?
  - ☐ a Extremely charming.
  - ☐ b Extremely bland.
  - ☐ c Extremely capable.
- 4) According to a recent poll, Kate Middleton is the second most popular living royal after whom?
  - ☐ a Princess Anne.
  - ☐ b Princess Charlotte of Wales.
  - ☐ c Prince William.
- 5) When was the Royal Foundation Centre for Early Childhood launched?
  - ☐ a In 2021.
  - ☐ b In 2023.
  - ☐ c In 2018.



► Some of the following words, all taken from the article, have a spelling mistake. Find it and rewrite the correct form.

- |                        |                        |
|------------------------|------------------------|
| 1) seriousness .....   | 17) perilously .....   |
| 2) pregnansy .....     | 18) taugth .....       |
| 3) harbynger .....     | 19) nervous .....      |
| 4) crowd .....         | 20) childhood .....    |
| 5) departure .....     | 21) threat .....       |
| 6) stourm .....        | 22) entusiasm .....    |
| 7) engagement .....    | 23) stedily .....      |
| 8) coinsidental .....  | 24) painfully .....    |
| 9) homelessness .....  | 25) baclash .....      |
| 10) unfouling .....    | 26) substantial .....  |
| 11) strathegy .....    | 27) increasingly ..... |
| 12) spouse .....       | 28) challange .....    |
| 13) vilified .....     | 29) plaifully .....    |
| 14) arguably .....     | 30) inesorably .....   |
| 15) wholesome .....    | 31) authentic .....    |
| 16) resourcefull ..... | 32) approach .....     |

How many spelling mistakes did you find?



# THE WOLVES ARE BACK!

► Match the following phrasal verbs / expressions used in the interview (1-10) and their meaning (a-j).

1)	wipe out	a)	fade, diminish
2)	bring back	b)	familiarise with
3)	kill off	c)	chase away
4)	die away	d)	reintroduce
5)	run away	e)	prepare the ground
6)	drive off	f)	flee
7)	rely on	g)	eradicate, eliminate
8)	get rid of	h)	exterminate
9)	pave the way	i)	dispose of
10)	get used to	j)	count on





## TRUE OR FALSE?

**c1**

**7.2**

► Listen to the interview and decide whether the following statements are true (T) or false (F).

		T	F
1)	When Yellowstone National Park was established, 150 years ago, the area was completely uninhabited.		
2)	At the time, Yellowstone National Park management was only aimed at protecting “good” animals.		
3)	As a result, coyotes, mountain lions and wolves were killed in large numbers.		
4)	The last sightings of wolves in Yellowstone National Park were in the 1920s.		
5)	Wolves were reintroduced in the park in the 1950s.		
6)	Their reintroduction however was accompanied by many controversies.		
7)	Today in the Park there is the highest density of large carnivores (such as wolves, mountain lions and grizzly bears) in Yellowstone’s history.		
8)	The presence of wolves has jeopardised the ecotourism industry.		
9)	As a consequence of the reintroduction of wolves, large herbivores are now less numerous.		
10)	The limited presence of large herbivores has coincided with plants recovery.		
11)	Deer can be more dangerous to humans than wolves.		
12)	Mortality among wolves that venture outside the Park is very high.		

► Read the following wolf idioms, quotes or sayings and guess their meaning.

- TO CRY WOLF
- BIG BAD WOLF
- TO THROW SOMEONE TO THE WOLVES
- LONE WOLF
- TO KEEP THE WOLF FROM THE DOOR
- TO WOLF SOMETHING DOWN
- WOLF IN SHEEP'S CLOTHING



- 1) fictional wolf appearing in several tales as the personification of evil  
.....
- 2) individual who does not like the company of other people, someone who prefers to operate alone  
.....
- 3) people with pleasant appearance that perhaps are not what they seem and could actually be very dangerous  
.....
- 4) to give a false alarm, to keep asking for help when you do not need it  
.....
- 5) to sacrifice somebody, to put someone in a difficult situation (especially to save oneself)  
.....
- 6) to have enough money to ward off hunger or starvation  
.....
- 7) to eat quickly and hungrily, just like a hungry wolf  
.....

### REMEMBER

- the young of a wolf is **a cub**
- the cry of a wolf is **a howl**
- a group of wolves is **a pack**

# THE WOLVES ARE BACK!

## SONG

7.4

► The song, by American singer Selena Gomez in collaboration with electronic music producer Marshmello, was released in 2017 and was the second-most successful electronic song of 2018 in the US. Selena Gomez considers it one of her favourites. There has been plenty of speculation about the meaning of its title, including reference to a chronic autoimmune disease the singer suffers from, which is in fact called Lupus, a Latin word that means “wolf”.  
Look for the song on YouTube and fill in the missing words.

### WOLVES

In your (1) ..... , there's a heavy blue  
One to love and (2) ..... to lose  
Sweet divine, a heavy (3) .....  
Water or (4) ..... , don't make me choose

*I wanna feel the way that we did that (5) ..... night, night*  
*Drunk on a feeling, alone with the (6) ..... in the sky*

*I've been running (7) ..... the jungle*  
*I've been running (8) ..... the wolves*  
*To get to (9) ..... , to get to you*  
*I've been (10) ..... the darkest alleys*  
*Saw the dark side of the (11) .....*  
*To (12) ..... to you, to get to you*  
*I've looked for love in (13) ..... stranger*  
*Took (14) ..... much to ease the anger*  
*All for you, yeah, all (15) ..... you*  
*I've been running (16) ..... the jungle*  
*I've been (17) ..... with the wolves*  
*To get to you, to get (18) ..... you, to get to you*

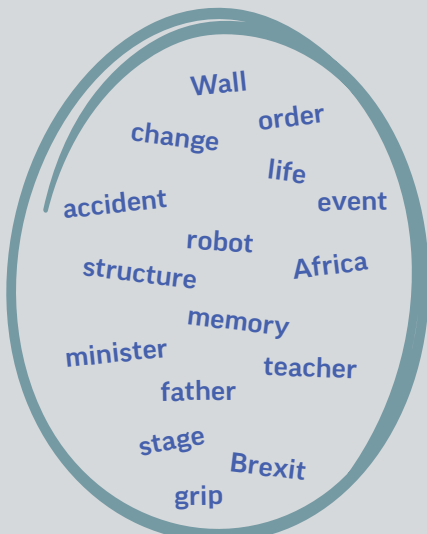
Your fingertips trace (19) ..... skin  
To places I have (20) ..... been  
Blindly, I (21) ..... following  
Break down these walls and (22) ..... on in

*I wanna feel the (23) ..... that we did that summer night, night*  
*Drunk on a feeling, (24) ..... with the stars in the sky*

*I've been running through the jungle...*



► Read and match the two words that go together selecting one word from each group to obtain expressions used in the article.



- 1) .....
- 2) .....
- 3) .....
- 4) .....
- 5) .....
- 6) .....
- 7) .....
- 8) .....

- 9) .....
- 10) .....
- 11) .....
- 12) .....
- 13) .....
- 14) .....
- 15) .....
- 16) .....





## LISTENING COMPREHENSION

8.2

► Listen and complete the sentences choosing from the options.

- 1) Ian McEwan made his debut on the literary scene
  - a in 2020.
  - b in 1975.
  - c in the 1950s.
- 2) His latest novel, *Lessons*,
  - a has autobiographical elements in it.
  - b is completely autobiographical.
  - c is definitely not an autobiography.
- 3) *Lessons* is mainly about
  - a the difficulties of being a single parent.
  - b the force of circumstance in life.
  - c the main political events from the 1950s onwards.
- 4) To write *Lessons*, Ian McEwan
  - a did accurate research.
  - b only relied on his photographic memory.
  - c did no research at all.
- 5) In *Lessons*, the protagonist is the kind of person the author could have been
  - a if history had gone in a different direction.
  - b if he had never discovered writing.
  - c if he had never met his wife.



### USEFUL EXPRESSIONS

**bear on something**  
influenzare qualcosa, avere  
influenza su qualcosa

# THE BELL JAR

► Read the quotes from the novel and find the words that mean:

- 1)  (adjective) of a colour intermediate between red and blue
- 2)  (noun) soft pear-shaped fruit with sweet flesh and containing many small seeds
- 3)  (verb) form lines or folds (especially in the skin)
- 4)  (verb) fall making a sound like that of something dropping into water
- 5)  (adjective) strange, odd or unusual
- 6)  (adjective) oppressively hot and humid
- 7)  (verb) kill by causing electricity to flow through body (as in an electric chair)
- 8)  (adjective) expressionless
- 9)  (verb) begin to grow, germinate
- 10)  (adjective) covered with short, stiff hairs
- 11)  (noun) bunch of straight hair or feathers etc.
- 12)  (noun) act of taking in or expelling air from the lungs



## LISTENING COMPREHENSION

9.2

► Listen and complete the following sentences choosing from the given options.

- 1) Sylvia Plath was  
☐ a British poet and novelist. ☐ an American poet and novelist.
- 2) She received the Pulitzer Prize for her poetry  
☐ the same year she died. ☐ many years after her death.
- 3) Her first poetry collection was published  
☐ in 1960. ☐ in 1963.
- 4) Sylvia Plath was diagnosed with clinical depression  
☐ at the age of 32. ☐ at the age of 20.
- 5) She worked for a while  
☐ at *Ladies' Day* magazine. ☐ at *Mademoiselle* magazine.
- 6) *The Bell Jar* is  
☐ a novel. ☐ a poetry collection.
- 7) *The Bell Jar* was published in 1967  
☐ under Sylvia Plath's name. ☐ under the pseudonym Victoria Lucas.
- 8) Julius and Ethel Rosenberg were  
☐ a real-life American couple. ☐ fictional characters.
- 9) Sylvia Plath was married to  
☐ English poet Ted Hughes. ☐ English actor Daniel Craig.
- 10) A 2003 biographical film on Sylvia Plath was entitled  
☐ *Sylvia*. ☐ *Ariel*.

# JOKES

WHEN CLEANING MY ROOM:  
3% CLEANING  
30% COMPLAINING  
67% PLAYING WITH STUFF  
I JUST FOUND.

I LOVE MY PILLOW  
BECAUSE IT GIVES ME  
DIFFERENT HAIRSTYLES  
EVERY DAY!

TODAY I SENT OUT A TEXT  
SAYING "HEY, I LOST MY PHONE,  
COULD YOU CALL IT?"  
FIVE PEOPLE CALLED ME...  
I NEED SMARTER FRIENDS.

# SOLUTIONS

## THE BIGFOOT

Page 3

### 1.1 READING COMPREHENSION

1) c, 2) a, 3) c, 4) a, 5) b, 6) c, 7) c, 8) a, 9) b

## ELIZABETH I

Page 4

### 2.1 VOCABULARY

1) clever - brilliant, 2) imperious - bossy, 3) majestic - regal, 4) major - considerable, 5) neutral - impartial, 6) patriarchal - male-dominated, 7) potential - possible, 8) precarious - unstable, 9) rightful - legitimate, 10) rival - opposing, 11) unique - unparalleled, 12) weak - feeble

Extra word: foreigner

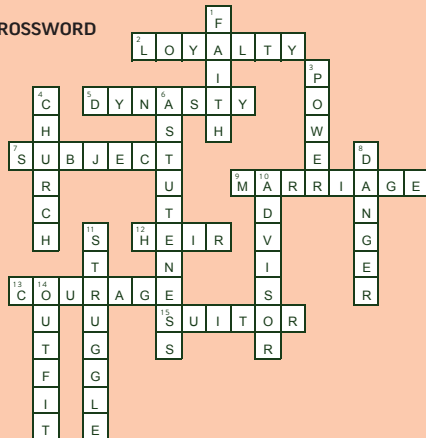
### 2.2 LISTENING COMPREHENSION

YEARS OF REIGN	1558-1603
REIGN KNOWN AS	GOLDEN AGE / ELIZABETHAN AGE
FATHER	HENRY VIII
MOTHER	ANNE BOLEYN
AGE WHEN HER MOTHER WAS EXECUTED	ALMOST 3
AGE AT CORONATION	25
CORONATION DATE	17 NOVEMBER 1558
OFFICIAL RELIGION IN ENGLAND UNDER HER REIGN	CATHOLICISM
NAME OF QUEEN OF SCOTS	MARY
RELIGION OF QUEEN OF SCOTS	PROTESTANTISM
EXECUTION OF QUEEN OF SCOTS (YEAR)	1587
DEFEAT OF SPANISH ARMADA (YEAR)	1588

### 2.3 VOCABULARY

1) i, 2) c, 3) j, 4) a, 5) f, 6) e, 7) h, 8) k, 9) l, 10) b, 11) g, 12) d

### 2.4 CROSSWORD



## ALCATRAZ

Page 8

### 3.1 VOCABULARY

1) naval officer, 2) seabird, 3) gannet, 4) bay, 5) tide, 6) deserter, 7) attempt, 8) maintenance, 9) escape, 10) murderer, 11) inmate, 12) prison, 13) sympathizer, 14) bank robber, 15) coast, 16) factory, 17) fog

### 3.2 LISTENING COMPREHENSION

1) f, 2) i, 3) j, 4) b, 5) e, 6) a, 7) k, 8) l, 9) g, 10) c, 11) h, 12) d

## GUINNESS WORLD RECORDS

Page 10

### 4.1 VOCABULARY

- |                |                |
|----------------|----------------|
| 1) CURIOSITY   | 10) PLATFORM   |
| 2) EDITION     | 11) PASTIME    |
| 3) BREWERY     | 12) JUGGLING   |
| 4) EMPLOYEE    | 13) AUDIENCE   |
| 5) CANDIDATE   | 14) ASTRONAUT  |
| 6) NEWSPAPER   | 15) ATHLETE    |
| 7) JOURNALIST  | 16) PLAYGROUND |
| 8) AUTHORITY   | 17) SPACESUIT  |
| 9) ACHIEVEMENT |                |

### 4.2 TRUE OR FALSE?

1) T, 2) F, 3) F, 4) F, 5) NG, 6) T, 7) T, 8) T, 9) F, 10) T, 11) NG

### 4.3 LISTENING COMPREHENSION

- |                     |                         |
|---------------------|-------------------------|
| 1) Over 2 metres.   | 8) 71.                  |
| 2) 2 days.          | 9) 5 years.             |
| 3) 15.              | 10) Mediterranean diet. |
| 4) 7.               | 11) 146 cm.             |
| 5) On YouTube.      | 12) Twice a week.       |
| 6) 940.             | 13) Sikhism.            |
| 7) In October 2022. |                         |

### 4.4 VOCABULARY

1) b, 2) c, 3) b, 4) c, 5) a, 6) c, 7) b, 8) a, 9) c, 10) b

## BOROUGH MARKET

Page 14

### 5.2 READING COMPREHENSION

- The Ginger Pig
- Richard Haward Oysters
- Horn OK Please
- Humble Crumble
- Horn OK Please
- Furness Food Hut
- Richard Haward Oysters
- The Ginger Pig
- Horn OK Please
- Furness Food Hut
- The Ginger Pig
- Humble Crumble
- Horn OK Please

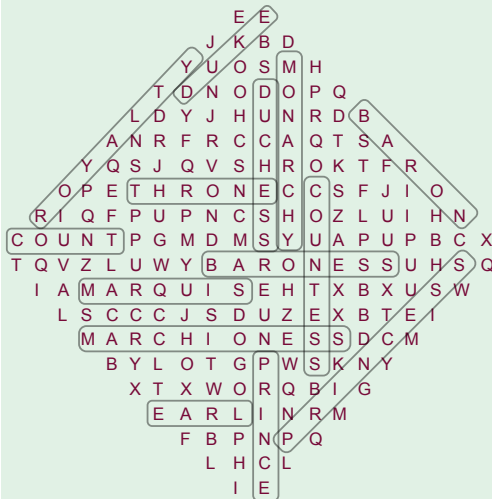
## THE "KATE EFFECT"

Page 16

### 6.1 VOCABULARY

- 1) chilly: cold - warm
- 2) late: deceased - alive
- 3) capable: skilled - inept
- 4) coincidental: casual - intentional
- 5) luxurious: opulent - frugal
- 6) hard: difficult - simple
- 7) authentic: genuine - fake
- 8) popular: well-liked - despised
- 9) bland: unexciting - interesting
- 10) nervous: agitated - relaxed
- 11) practical: hands-on - theoretical

### 6.2 WORDSEARCH



### 6.3 LISTENING COMPREHENSION

- 1) c, 2) b, 3) c, 4) a, 5) a

### 6.4 SPOT THE MISTAKE!

- 2) pregnancy, 3) harbinger, 6) storm, 8) coincidental, 9) homelessness, 10) unfolding, 11) strategy, 13) vilified, 15) wholesome, 16) resourceful, 18) taught, 20) childhood, 22) enthusiasm, 23) steadily, 24) painfully, 25) backlash, 28) challenge, 29) playfully, 30) inexorably, 32) approach

## THE WOLVES ARE BACK!

Page 20

### 7.1 VOCABULARY

- 1) g, 2) d, 3) h, 4) a, 5) f, 6) c, 7) j, 8) i, 9) e, 10) b

### 7.2 TRUE OR FALSE?

- 1) F, 2) T, 3) T, 4) T, 5) F, 6) T, 7) T, 8) F, 9) T, 10) T, 11) T, 12) T

## 7.3 VOCABULARY

- 1) big bad wolf, 2) lone wolf, 3) wolf in sheep's clothing, 4) to cry wolf, 5) to throw someone to the wolves, 6) to keep the wolf from the door, 7) to wolf something down

### 7.4 SONG

- |             |              |             |
|-------------|--------------|-------------|
| (1) eyes    | (9) you      | (17) crying |
| (2) one     | (10) down    | (18) to     |
| (3) truth   | (11) moon    | (19) my     |
| (4) wine    | (12) get     | (20) never  |
| (5) summer  | (13) every   | (21) am     |
| (6) stars   | (14) too     | (22) come   |
| (7) through | (15) for     | (23) way    |
| (8) with    | (16) through | (24) alone  |

## IAN MCEWAN

Page 24

### 8.1 VOCABULARY

- 1) humanoid robot
- 2) prime minister
- 3) climate change
- 4) anti-Brexit
- 5) North Africa
- 6) global event
- 7) single father
- 8) world stage
- 9) chronological order
- 10) photographic memory
- 11) freak accident
- 12) Berlin Wall
- 13) family life
- 14) non-linear structure
- 15) piano teacher
- 16) firm grip

### 8.2 LISTENING COMPREHENSION

- 1) b, 2) a, 3) b, 4) c, 5) b

## THE BELL JAR

Page 26

### 9.1 VOCABULARY

- 1) purple, 2) fig, 3) to wrinkle, 4) to plop, 5) queer, 6) sultry, 7) to electrocute, 8) blank, 9) to sprout, 10) bristly, 11) tuft, 12) breath

### 9.2 LISTENING COMPREHENSION

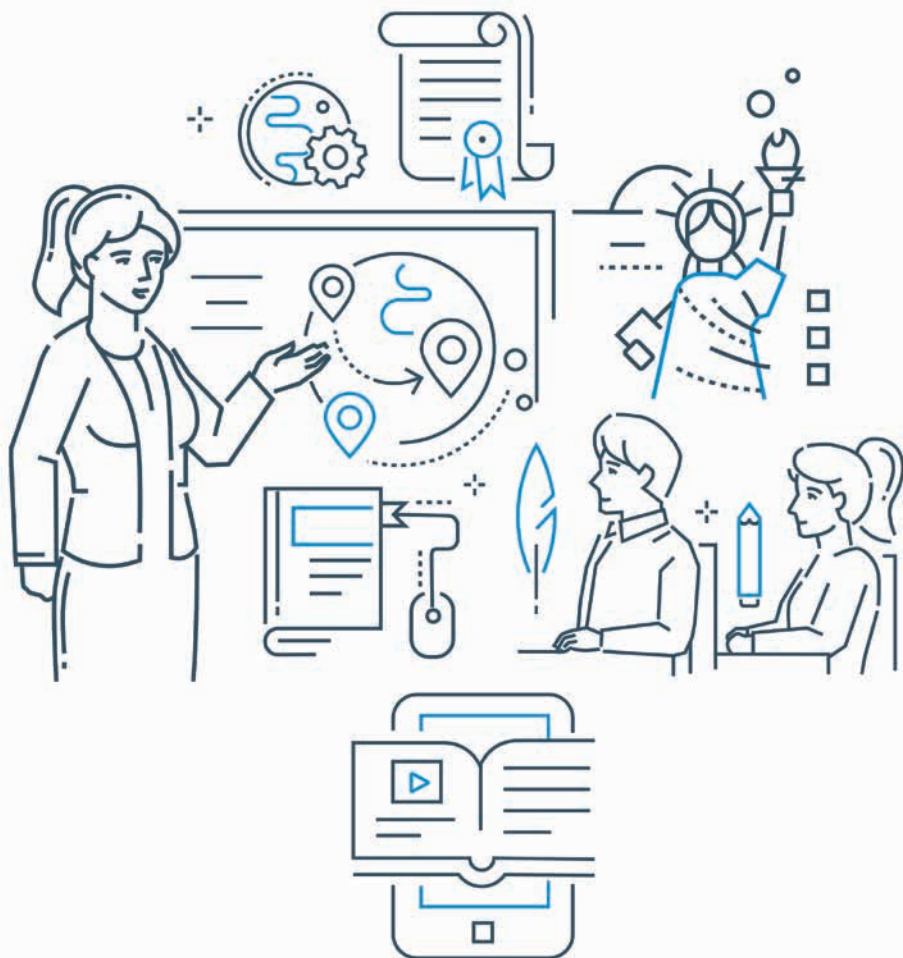
- 1) b, 2) b, 3) a, 4) b, 5) b, 6) a, 7) a, 8) a, 9) a, 10) a

# TEACHER!



Scarica gli esercizi **Speak Up in Class** da usare in classe con i tuoi studenti, sia in modo individuale sia in gruppo. Li trovi a questo link:

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